



ROWING IRELAND – HOME INTERNATIONAL REGATTA 2010

SENIOR TEAMS

This document gives an update on the Senior Teams and Coaches for the Home International Regatta 2010 being held in Cork on 24th July 2010.

SENIOR MEN

The following Senior Men have been selected to compete for Rowing Ireland at the Home International Regatta 2010

SENIOR MEN SCULLING

			Coach
1X	John Keohane	Lee Valley BC	John Kehily Lee Valley RC
Lwt 1X	Paul Dunphy	DUBC	
2X	Gearoid Murphy Stuart King	Skibbereen RC Neptune RC	
Lwt 2X	Killian O'Shea Andrew Hurley	St. Michaels RC UL RC	
4X	John Keohane Gearoid Murphy Stuart King Killian O'Shea	Lee Valley RC Skibbereen RC Neptune RC St. Michaels RC	

SENIOR MEN SWEEP

2-	Declan O'Connor Hugh Lynch	St. Michaels RC St. Michaels RC	Liam O'Riordan St. Michaels RC
Lwt 2-	Dan Murphy Colm Dowling	Commercial RC Commercial RC	
U23 4-	Mark O'Brien David Power Liam Rice Stephen Penny	St. Michaels RC St. Michaels RC UL RC UL RC	
8+	Mike Griffin – Cox Declan O'Connor Hugh Lynch Dan Murphy Colm Dowling Mark O'Brien David Power Liam Rice Stephen Penny	St. Michaels RC St. Michaels RC St. Michaels RC Commercial RC Commercial RC St. Michaels RC St. Michaels RC UL RC UL RC	

SENIOR WOMEN

The following Senior Women have been selected to compete for Rowing Ireland at the Home International Regatta 2010

SENIOR WOMEN SCULLING

			Coach	
1X	Becky Quinn	Commercial RC	Frank Durkin	Offaly RC
Lwt 1X	Siobhan Jacob	Old Collegians BC		
2X	Joanne Moran Eimear Moran	Offaly RC Offaly RC		
Lwt 2X	Dympna Kelly Sheila Clavin	Carrick-on-Shannon RC St. Michaels RC		
4X	Dympna Kelly Sheila Clavin Siobhan Jacob Eimear Moran	Carrick-on-Shannon RC St. Michaels RC Old Collegians BC Offaly RC		

SENIOR WOMEN SWEEP

2-	Laura Byrne Naomi Fearon	Commercial RC Commercial RC	Dermot Keogh	Commercial RC
Lwt 2-	Claire Ludlow Elaine Fitzgerald	Neptune RC Neptune RC	Dermot Keogh	Commercial RC
U23 4-	Siofra Bennett Rebecca Deasy Katie Mackey Clodagh Deasy	DULBC DULBC Cork BC Cork BC	Martin Kilbane	Cork BC
8+	Siobhan Moloney – Cox Laura Byrne Naomi Fearon Claire Ludlow Elaine Fitzgerald Siofra Bennett Rebecca Deasy Katie Mackey Clodagh Deasy	Neptune RC Commercial RC Commercial RC Neptune RC Neptune RC DULBC DULBC Cork BC Cork BC	Dermot Keogh	Commercial RC

The crews listed above are not necessarily in seat order.

Lisa O'Callaghan
Team Manager