



**ST MICHAELS ROWING CLUB  
HEAD OF THE RIVER RACE  
SATURDAY 7<sup>th</sup> FEBRUARY 2026**

**PROSPECTUS** (updated 22 Jan 26)

St Michael's Rowing Club in partnership with our sponsor ROWfit are delighted to announce our Head of the River event on February 7<sup>th</sup> 2026. Following the success of last year's event we are continuing our new format of six fixed time trials to encourage the optimal level of competition for a wide range of categories.

**Venue :** O Briensbridge, Co. Clare

**Distance :** 3km

**Time :** Fixed Head. 6 races. (race order below to be finalised)

**Race Order - final**

<b>Race 1 - 9:00-10:00</b>	Mens Senior 2-
	Mens Inter 2-
	Mens J18A 2-
	Mens Senior 1X
	Mens Inter 1X
	Mens J18A 1X
	Mens J16 1X
	Mens Masters 1X

<b>Race 2 - 10:40-11:10</b>	Womens Senior 4X-
	Womens J18A 4X-
	Womens J16 4X+
	Womens J15 4X+
	Womens Masters 4X-
	Womens Masters 4X+
	Womens Senior 8+
	Womens Inter 8+
	Womens Club 8+
	Womens J18A 8+
	Womens J16 8+
	Womens Masters 8+

<b>Race 3 - 11:40-12:30</b>	Mens Senior 2X
	Mens Inter 2X
	Mens J18A 2X
	Mens J16 2X
	Mens Masters 2X
	Mens Senior 4-
	Mens Inter 4+
	Mens Club 4+
	Mens J18A 4+
	Mens J16 4+
Mens Masters 4+	

<b>Race 4 - 13:00-13:30</b>	Womens Senior 2-
	Womens Inter 2-
	Womens J18A 2-
	Womens Senior 1X
	Womens Inter 1X
	Womens J18A 1X
	Womens J16 1X
	Womens Masters 1X

<b>Race 5 - 14:00-14:40</b>	Mens Senior 4X-
	Mens J18A 4X-
	Mens J16 4X+
	Mens J15 4X+
	Mens Masters 4X-
	Mens Masters 4X+
	Mens Senior 8+
	Mens Inter 8+
	Mens Club 8+
	Mens J18A 8+
	Mens J16 8+
	Mens Masters 8+

<b>Race 6 - 15:10-15:40</b>	Womens Senior 2X
	Womens Inter 2X
	Womens J18A 2X
	Womens J16 2X
	Womens Masters 2X
	Womens Senior 4-
	Womens Inter 4+
	Womens Club 4+
	Womens J18A 4-
	Womens J16 4+
Womens Masters 4+	
Mixed Para 2x	

**20 seconds between boats.**



**Fees :** Eights - €80, Fours/Quads - €40, Pairs/Doubles - €20, Single sculls - €10

**Prizes :**

Pennants will be awarded for each boat category winner.

Trophies to be awarded:

- The Jim Ahern Memorial Trophy, The Monty Cup – Best Mens Club
- The Pat Brinn Memorial Trophy – Best Womens Club
- Christy Hardiman Memorial Cup – Best Overall Club

SMRC are offering four vouchers for ROWFit to the value of €400 for the clubs with most points in each of the following categories:

- Senior Male (senior, inter, club, novice)
- Senior Female (senior, inter, club, novice)
- Junior Male (J18, J16, J15)
- Junior Female (J18, J16, J15)

**Rules :**

There will be a points competition based on ranking in each category.

The amount of points earned is based on:

- The number of entries in your category.
- Where you place in your category in the top 10.

For example:

- If there are 4 boats in a category. The winner will get 4 points, second will get 3 points, third will get 2 points and fourth will get 1 point.
- If there are 15 boats in a category, the winner will get 10 points, second 9 and so on, 10<sup>th</sup> place gets 1 point, positions 11 to 15 get zero points.

The best result per Club per Category will accumulate full points.

If a Club has multiple crews in a single category, the lower placed of that Clubs crews will get 1 point.

At least three crews/scullers must compete at each grade for a points and pennants to be awarded.

In the event of a draw for points competition the prize will be shared.

This event is run under Rowing Ireland rules.

All entries must be through the Rowing Ireland Tracker system.

Closing date for entries is **Thursday 29<sup>th</sup> January 2026 at 7pm.**

**Payment :** Fees must be paid in full before racing. Crews will not be permitted to race without the full payment of fees owed by the respective club beforehand.

Please send payment by bank transfer to:

SMRC IBAN [IBANIE57BOFI90431774683959](#)

**Cancellation:** In the event of bad weather a decision will be made by 10am on Friday 6<sup>th</sup> February 2026 and posted on the Rowing Ireland website.

**Queries:** Please contact Brian McInerney on 086 8385761 or by email: [bmcinerney@redfaire.com](mailto:bmcinerney@redfaire.com)